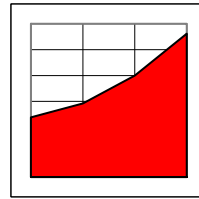


Area 4 Agency on Aging

2005-2009 Area Plan

Growing
Population



Growing
Communities



Growing
Senior Needs



GOAL #3: DEVELOP NEW PROGRAMMING TO ADDRESS IMPORTANT UNMET NEEDS THAT THREATEN THE PRESENT AND FUTURE ABILITY OF OLDER ADULTS TO LIVE INDEPENDENTLY IN THE COMMUNITY.

Rationale: A4AA recognizes that changes in the characteristics of the population will require changes in the way services are provided to older adults.

Objectives	Start/End	Type ¹	Status
<p>3.1 Driving Wellness</p> <p>Develop a Driving Wellness Program that provides classroom education, exercise and an in-vehicle screening component. Development activities will include recruiting an intern, researching best practices, coordinating with existing programs to expand service and avoid duplication, and drafting a program curriculum. Anticipated outcome for the program is the development of a training module that will include a greater awareness of how normal aging (and related health factors) impacts one's ability to drive, self-assessment of one's own driving skills and greater utilization of related community resources.</p> <p><i>Executive Director, Assistant Director, Planner, Senior Program Manager, Program Managers, Information Specialist.</i></p>	7/05 to 12/05	PD	New
<p>3.2 Falls Prevention</p> <p>Develop a Falls Prevention Program that incorporates medication management, home assessment, exercise and education in a presentation-based format. Development activities will include recruiting an intern, researching best practices, coordinating with existing programs to expand service and avoid duplication, and drafting a program curriculum. The anticipated outcome is the development of a program that will lead to individuals having a greater awareness of the causes of falls, self-assessing their own risk of falling, and taking preventative measures (e.g., exercise, modifying one's living space).</p> <p><i>Assistant Director, Planner, Program Specialist, I&A Program Manager, Program Managers, Nutritionist, Information Specialist.</i></p>	7/05 to 12/05	PD	New

¹Type of Objective:

A = Administration, C = Coordination, CS = Contracted Service, DS = Direct Service, PD = Program development